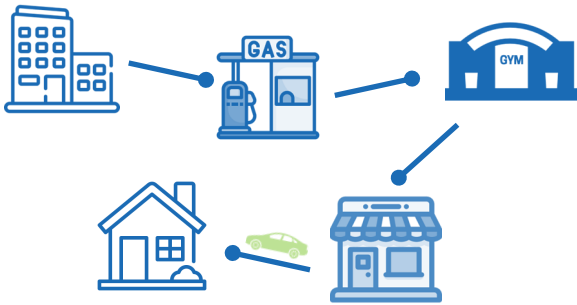


# TRIP CHAINING

## REDUCE THE IMPACT OF EXCESSIVE VEHICLE TRAVEL

### WHAT IS IT?

Combining errands into one trip instead of making separate trips for each activity.  
Ex: Pick-up groceries on the way home from work instead of on the weekend.



### HOW TO START

- 1. Identify your regular activities** - make a list of your typical errands.
- 2. Map out your destinations** - use tools like Google Maps or Waze.
- 3. Plan your route** - minimize backtracking and optimize the sequence of stops.
- 4. Consider timing and traffic** - account for traffic, road closures, and time constraints.
- 5. Use technology** - GPS can help you navigate your planned route.
- 6. Evaluate and adjust** - is your trip chaining effective? Make improvements.

### WHY DO IT?

**Efficiency:** Decreases vehicle miles traveled, which can save time, fuel, and money.

**Environmental Impact:** Reduces greenhouse gas emissions and other pollutants associated with transportation.

**Traffic Congestion:** Minimizes the number of vehicles on the road to alleviate traffic, particularly during peak travel times.

**Economic Benefit:** Leads to cost savings for individuals and businesses by reducing transportation expenses.

**Quality of Life:** By lessening trips, trip chaining frees up time for other activities and reduces stress associated with traffic congestion and long commutes.

